

Concentra, Inc. Partnership – Frequently Asked Questions

Respirator Evaluations, Respirator Exams, Respirator Fit Testing

The following FAQs were assembled to provide details about United Heartland’s partnership with Concentra. Concentra’s respirator medical evaluation, respirator exams, and respirator fit testing services are available to customers affiliated with AF Group and its subsidiaries.

Who is Concentra?

Concentra, Inc. is a national health care company founded in 1979 in Amarillo, Texas. The company is headquartered in Addison, Texas and operates more than 520 urgent care centers in 44 states. Concentra has more than 1,000 affiliated physicians and 1,285 physical therapists. For more, visit: <https://www.concentra.com/>.

What is a respirator medical evaluation?

A **respirator medical evaluation** is a health assessment that determines if an employee is medically fit to wear a respirator on the job. Also known as a **respirator medical clearance**, this evaluation helps to protect employees’ health at work and ensures workplace compliance with respiratory protection standards established by the Occupational Safety and Health Administration (OSHA).

What is the importance of respirator medical evaluations and exams?

Respirator medical evaluations are designed to ensure employees exposed to respirable toxins are properly protected. The results of the respirator medical evaluation also help employers make informed decisions about which employees can use respirators under specific environmental conditions and physical demands. Some medical conditions can make it difficult for an employee to wear a respirator at work. A respirator medical evaluation can help detect if wearing a respirator will limit or interfere with:

- Breathing
- Vision
- Communication
- Use of other required equipment

What industries and occupations are served by Concentra?

Concentra serves a range of industries including healthcare, social services, manufacturing, education, etc. Many occupations require the use of respirators.

What services are provided by Concentra related to the use of respirators?

In some cases, an organization may need all the respirator evaluation and exam services available. In other cases, an organization may have the capability to perform their own medical evaluations but need to use Concentra for respirator exam service. Contact your nearest Concentra Medical clinic to discuss your respirator evaluation and examination needs. Respirator services available through Concentra include:

- Respirator Medical Evaluations – Medical evaluations can be done at any Concentra location or remotely via electronic communications. Results of the evaluation are provided back to the company via a private Concentra portal.

- Respirator Physicals – Based upon the initial medical evaluation, additional questions and testing may be needed to determine if the employee has any symptoms or conditions that could undermine their ability to use a respirator safely. [Click here](#) for more on physical exams.
- Respirator Fit Testing – Fit testing is another service offered at Concentra locations. Fit testing determines if a tight-fitting respirator can be worn without having any leaks. There are two types of fit testing methods including qualitative and quantitative.

Does Concentra offer these services in mobile units that can perform medical evaluations and exams at company locations?

No, Concentra does not offer these services via mobile units or at company locations. In many cases, the medical evaluations can be successfully done remotely via electronic means and the Concentra portal. Exams can only be done at Concentra clinic locations due to equipment and resource requirements.

How can Concentra provide these services to organizations that have locations within multiple states? Concentra can organize the medical evaluation process through one of their centralized clinics. If a follow-up respirator examination and testing is needed, the employee may visit a local clinic.

Is there a discount for United Heartland policyholders?

Yes, there is an established rate offered for United Heartland policyholders as well as AF Group Holdings subsidiaries.

Is there a discount if I am already a Concentra customer?

The established rate is available for new services. The rate does not apply to existing clients for existing services.

How does our organization contact Concentra to discuss our respirator evaluation and exam needs?

To begin the process, please contact [Ed Bielawski, Director of Sales, at \(224\) 443-9128](#) and indicate you are a United Heartland policyholder. He will direct you through the next steps of the process and facilitate communication with a Concentra medical clinic in your area.

Find a Concentra clinic near you.

[Click here](#) to find your nearest Concentra clinic.