

## First Aid Kit - Medical Supplies

**Did you know that the contents of your first aid kit must be “approved by a consulting physician”?** California Code of Regulations, Title 8, Safety Order 3400(c) states, “There shall be adequate first-aid materials, approved by a consulting physician, readily available for workmen on every job”.

**Below is a sample letter. Insert the current date, name of your medical clinic, your company name and review the list making changes as necessary. Remember, supplies maintained in your kit should be sufficient in quantity and type to care for the historical type of injuries that your workforce has experienced.**

**Once approved, a copy of the approved letter should be maintained in the kit.**

DATE:

Medical Director  
ABC Industrial Medical Clinic  
Your Town, California

Dear Doctor,

As you may be aware, Safety Order 3400, Medical Services, of the California Code of Regulations, Title 8, requires employers to maintain medical supplies in a first aid kit that are available to workers and whose contents have been approved by a consulting physician. ABC Company has determined that by its past history of injuries and illnesses and probability of future injuries that the items listed below are adequate supplies for our kits. Should you agree, please do so by acknowledging this letter at the end of the supply list:

• Band-Aids 3 boxes assorted sizes	• Latex Gloves 2 pair
• Sterile gauze 2 boxes assorted sizes	• Ice pack (disposable) 2 each
• Tape rolls 2 rolls assorted sizes	• Disposable airway 1 each
• Scissors 1 each	• Tweezers 1 each
• First Aid booklet 1 each	• Triangular bandage 1 each

I have reviewed the list of medical supplies and approve the items to be maintained in first aid kit(s) at ABC Company.

Name and Signature of Consulting Physician

Date

**Contact Your CompWest Loss Control Consultant**

**If You Have Any Questions or Need Assistance**

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